



Together for the international academic community of Lodz
- helping researchers feel at home.

Welcome to the 2nd edition of Lodzkie4Researchers newsletter!

With autumn just around the corner and the new academic year about to start, we have prepared another newsletter full of practical information for researchers coming to Łódź. Here you find useful information on registration procedures, public transport and daily life in the city. We hope you find it helpful and invite you to share it with your colleagues.

Practical Guide to Starting the Academic Year: Registration, Public Transport, Libraries, and Sports Facilities at Universities

First of all, please remember about your university identity card. It will confirm your identity and gives access to university's facilities (buildings, laboratories, libraries). Having this tiny thing you will be a part of community. For more information please contact Welcome Centre/Welcome Point or HR office of your university (for employees) or Doctoral School (for doctoral students):

Łódź Resident Card for International Researchers

● To apply for the Lodz Resident Card, choose the option that applies to you:

If you have filed your annual tax declaration (PIT) in Lodz: Submit the first page of your PIT with confirmation of submission (UPO).

- If you have not filed a PIT in Lodz yet: Submit ZAP-3 to a Tax Office in Lodz, indicating your current address in Lodz. Keep the confirmation of submission.

When applying for the Card, attach ZAP-3 with proof of submission and the first page of your employment or civil-law contract.

- If you are a PhD student: Submit your valid PhD student ID card (legitymacja doktorancka) or a certificate confirming your PhD student status. No PIT or ZAP-3 is required.

For all applicants: Register on the Lodz Resident Card website, apply for the Resident Package (Pakiet Mieszkańca) and upload the relevant documents. Once approved, you can use the Card digitally.

● What are the benefits?

Discounts on public transport passes (Migawka), municipal sports and leisure facilities, cultural venues, attractions and offers from many local partners. Foreign residents need a PESEL number to benefit from the Migawka public transport discount.

Tickets



You can buy tickets with your mobile phone by using apps like SkyCash, mPay, moBilet, zBiletem, Jakdojade or inside the bus/tram. The ticket should be validated immediately after boarding. No ticket or no validated ticket may result in a fine. You can validate your ticket in the machine inside the bus/tram or through app in your mobile.



You can buy monthly ticket called "Migawka" <https://www.mpk.lodz.pl/lang.action?lang=en>

Libraries



Looking for a place to study or access academic resources? Each of our universities has a library and information centre. Below, you will find their addresses, opening hours, and Google Maps links.

- **The Information and Library Center of the Medical University of Lodz**

Muszynskiego 2 - <https://maps.app.goo.gl/ryDP3YM1kySx82zm8>

<https://cib.umed.pl/en/home/>

Sign up to the library: Circulation desk, ground floor

Opening hours: <https://cib.umed.pl/en/opening-hours/>

- **The Lodz University of Technology Library**

223, Wólczańska Street - <https://maps.app.goo.gl/s4MoaLzn5os5Wq3k7>

<https://bg.p.lodz.pl/en>

Sign up to the library: <https://bg.p.lodz.pl/en/contact-0>

Opening hours: <https://bg.p.lodz.pl/en/opening-hours>

- **The University of Lodz Library**

Jana Matejki 32/38 - <https://maps.app.goo.gl/tuJMNQiq6nGcn9M39>

<https://www.lib.uni.lodz.pl/en/library>

Sign up to the library:

<https://www.lib.uni.lodz.pl/en/library/practical-information/library-guide-for-foreign-employees>

Opening hours:

<https://www.lib.uni.lodz.pl/en/library/practical-information/contact-and-opening-hours>

Sport



We believe that sport and physical activity are essential for a healthy and balanced lifestyle. Our three sports centres offer a variety of facilities to help you stay active during your stay. Whether you prefer working out at the gym or swimming, you'll find plenty of opportunities to enjoy your free time.

- **Sports Centre of the Medical University of Lodz**
<https://centrumsportu.umed.pl/>
Located in 6-Sierpnia 69
<https://maps.app.goo.gl/BmEeorTc6CLamgkt6>
- **Lodz University of Technology**
TUL Sports and Education Centre "Sports Bay"
<https://www.zatokasportu.pl/en>
Located in Politechniki 10
<https://maps.app.goo.gl/KXMBH1NwndhSAXog8>
- **University of Lodz Sports Facility**
<https://www.cwfis.uni.lodz.pl/en/1>
Located in Styrska 5
<https://maps.app.goo.gl/7E6NW3icBaqmVogv8>

My Łódź Story – Short Interview with Tereza Mokoš

Full name: **Tereza Mokoš (née Branyšová)**

Country of origin: **Czech Republic**

Host institution: **Łódź University of Technology**

Research field: **Microbiology**

Length of stay in Łódź: **I've been here for 4 months,
and the project is for 2 years**

Favourite Polish word or dish: **Lepiochy (with any filling!)**



Dr Tereza Mokoš
& Professor Beata Gutarowska

Please introduce yourself – where are you from and what do you do?

I am Tereza Mokoš (née Branyšová), and I am from a small city near Prague in the Czech Republic. I am a microbiologist with a long-term research focus on the preservation of cultural heritage from biodeterioration – unwanted change of materials caused by the activity of organisms, in my case mainly microorganisms such as bacteria, fungi, and algae.

Why did you choose Łódź as the place for your research or studies?

Cultural heritage microbiology is quite a niche field, and Professor Gutarowska's laboratory has a strong focus on this area of research. I first joined her laboratory as a PhD student for a three-month Erasmus internship a few years ago, which later resulted in a joint research paper. I really enjoyed being part of the team and the collaborative atmosphere in the laboratory, so when Prof. Gutarowska asked if I would like to apply for a Marie Skłodowska-Curie Postdoctoral Fellowship under her supervision, I did not hesitate for a second.

What are you currently working on in your research?

Currently, I am working on the development of new disinfection methods for cultural heritage objects that would be safe not only for the materials themselves but also for people and the environment. For this purpose, we are exploring the potential of plant essential oils and antimicrobial metabolites produced by bacteria.

What surprised you the most after arriving in Łódź?

Probably how dog-friendly the city is. We came with our dog, and he can go almost everywhere with us – even to IKEA or shopping centres. Some restaurants even offer special menus for dogs. I also really appreciate the number of parks in the city and the many great options for eating out.

What is your favorite place in Łódź and why?

I have to say Park im. księcia Józefa Poniatowskiego. We live nearby, so it quickly became our favorite place for daily walks with our dog and occasional runs. We have spent a lot of time there, and it has become a special place for us.

What do you value most about the international academic environment?

The opportunity for continuous self-development, both personally and professionally. Every collaboration brings a chance to learn something new, whether it is a different research approach or a different way of thinking. In an international environment, this is even stronger because you also learn from different cultures, experiences, and perspectives.

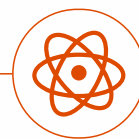
What advice would you give to people planning to come to Łódź?

Do not get discouraged by your first impression of the city. Although it may not have the traditional old-town atmosphere of cities like Kraków, Wrocław, or Toruń, Łódź has its own unique character and charm, shaped by its industrial history—you just need to give it a chance.

Complete the sentence: "My Łódź Story is..."

a journey I never expected to take, as receiving a Marie Skłodowska-Curie Fellowship felt like a dream with only a small chance of becoming reality.

Information on upcoming scientific conferences and seminars



- **International Scientific Conference on Karl Dedecius**
08 October 2026 (Thursday) - 10 October 2026 (Saturday)



<https://www.uni.lodz.pl/en/events/details/international-scientific-conference-on-karl-dedecius-8-210-october-2026>

- **International Conference on Service-Oriented Computing**
From December 1st to December 4th, 2026
Politechnika Łódzka (Campus B)
ul. Wólczajska 217, 90-451 Łódź, Poland



<https://icsoc2026.it.p.lodz.pl/index.html>

- **The Scientific Conference MASEP 2026 – Measurement and Assessment of Social and Economic Phenomena**
The 16th MASEP Conference 2026 is scheduled for November 25–27, 2026.



<https://www.uni.lodz.pl/masep>

- **3rd National Conference of the Polish Sociological Association's Section for Social Communication Research**
Address: POW 3/5, 90-255 Łódź
From October 15th till October 16th



<https://www.uni.lodz.pl/wydarzenia/szczegoly/iii-ogolnopolska-konferencja-sekcji-badan-komunikacji-spoecznej-pts>

- **8th International Conference "Social Boundaries of Work: The Meanings of Work in Organizational Contexts"**
Address: POW 3/5, 90-255 Łódź
From October 21st till October 23rd



<https://www.uni.lodz.pl/wydarzenia/szczegoly/8th-international-conference-social-boundaries-of-work-the-meanings-of-work-in-organizational-contexts-1>

Overview of project possibilities – autumn 2026 open call



Funding opportunities for international researchers

● FLAMENCO – Polish-Spanish Research Projects

A new opportunity for researchers working in Poland who would like to develop a joint research project with a team in Spain. The call covers all disciplines of basic research and is open to researchers at different career stages. Projects can run for 24, 36 or 48 months and may include funding for research staff, postdocs, PhD students, equipment and other research costs.

Deadline: 24 November 2026

[More information National Science Centre](#) 

● ERC Consolidator Grant 2027

For researchers ready to strengthen their scientific independence, build or expand their own research team and pursue an ambitious frontier research project. From 2027, the eligibility window is broadened to researchers approximately 5–15 years after PhD, making this an important opportunity to start discussing with your host institution well in advance.

Opening: 24 September 2026 | Deadline: 12 January 2027

[More information European Research Council](#) 

● MSCA Postdoctoral Fellowships 2027

Worth planning ahead for postdoctoral researchers interested in international mobility and career development. European Postdoctoral Fellowships are open to researchers of any nationality and can support a research project carried out with a European host institution, combining research with training, networking and professional development.

Opening: 7 April 2027 | Deadline: 8 September 2027

[More information Marie Skłodowska-Curie Actions](#) 

Interested?

Contact the research support or international projects office at your university to check your eligibility, discuss your project idea and identify the most suitable funding opportunity.

Autumn events, enjoy autumn in Łódź!



● IV Researchers' Night / IV Łódzka Noc Naukowców

at EC1 - Łódź Miasto Kultury (ul. Targowa 1/3)

• 09.10.2026, 18:00

<https://ec1lodz.pl/eventy/iv-lodzka-noc-naukowcow>

● Book Fair / Łódzkie Targi Książki i Sztuki 2026

at Łódź Fabryczna Train Station (Plac Bronisława Sałacińskiego 1)

• 20.11.2026, 10:00

<https://lodzkietargikisiazki.pl/>

● 37th International Comics and Games Festival

at atlas Arena

• 19.09.2026??

<https://atlasarena.pl/en/wydarzenia/37-miedzynarodowy-festiwal-komiksu-i-gier/>

● Bazaar of taste / Bazar Smaku

at Ogrody Geyera (Łódź, ul. Piotrkowska 293)

• 26.09.2026, from 09:00

<https://uml.lodz.pl/kalendarz-wydarzen/wydarzenie/bazar-smaku-dla-przyjaciol-w-ogrodach-geyera-id164126/2026/07/4/>

● 18th NATURA FOOD Fair Certified food for health and the planet

At Hala EXPO (al. Politechniki 4)

• 28.11.2026, 10:00

<https://naturafood.pl/>

● Concert: Deep Purple + Jayler

at Atlas Arena w Łodzi (al. Bandurskiego 7)

• 08.10.2026, 19:00

https://www.ebilet.pl/muzyka/rock/deeppurple?gad_source=1&gad_campaignid=22747980129&gclid=EAIaIQobChMI5vjb-OnWlQMVBaiAx1KUAJHEAAYASAAEgLSBvD_BwE

● The Masters Symphonic: Hans Zimmer, Ennio Morricone, John Williams

Atlas Arena (al. Bandurskiego 7)

• 11.11.2026, 18:00

<https://atlasarena.pl/wydarzenia/the-masters-symphonic-hans-zimmer-ennio-morricone-john-williams/>

● Harlem Globetrotters

at Sport Arena (al. Unii Lubelskiej 2)

• 17.10.2026, 18:00

https://www.ebilet.pl/en/sport/pozostale/harlemglobetrotters?gad_source=1&gad_campaignid=20727291760&gclid=EAIaIQobChMI8cO6OrWlQMVGWRBR01LB32EAAAYASAAEgllv_D_BwE

...enjoy autumn in Łódź!



● **Street Food Festival**

EC1 Łódź - Miasto Kultury, Targowa 1/3. A food festival featuring food trucks and international cuisine.
• 2–4 October 2026

[Street Food Festival Ec1](#)

● **Festival of Plants / Festiwal Roślin**

EC1 Łódź - Miasto Kultury, Targowa 1/3. A popular fair for houseplants, accessories and urban gardening.
• 3–4 October 2026

[Festiwal Roślin EC1](#)

● **17th Kamera Akcja Film Festival**

Łódź. Film screenings, premieres, meetings and discussions about contemporary cinema.
The festival also has an online part on 19–21 October.
• 22–25 October 2026

[Official Kamera Akcja website](#)

● **Soundedit 2026 – International Festival of Music Producers and Sound Designers**

Wytwórnia, Łąkowa 29. International music festival featuring Marc Almond, Howie B., Wolfgang Flür, Hugh Cornwell, Lech Janerka and others.
• 23–25 October 2026

[Official Soundedit website](#)

● **Exotic Animals Festival / Festiwal Zwierząt Egzotycznych**

Hala EXPO Łódź, al. Politechniki 4. A large exhibition and fair devoted to exotic animals and terraristics.
• 24–25 October 2026

[Expo Łódź event calendar](#)

● **Halloween at Ec1**

EC1 Łódź - Miasto Kultury, Targowa 1/3. A special Halloween event combining science, pop culture and entertainment.
• 30 October 2026

[Halloween at Ec1](#)

● **BIJOUNALE**

EC1 Łódź - Miasto Kultury, Targowa 1/3. An international festival of contemporary artistic jewellery, design and craftsmanship.
• 7–8 November 2026

[BIJOUNALE EC1](#)

...enjoy autumn in Łódź!



● **BaitFight – Fishing Festival 2026**

Hala EXPO Łódź, al. Politechniki 4.

A fishing festival combining exhibitors with lectures, workshops, demonstrations, photography and film.

• 7–8 November 2026

[BaitFight official website](#)

● **Collectors' Fair / Giełda Kolekcjonerska**

Hala EXPO Łódź, al. Politechniki 4.

A fair for collectors of antiques, coins, memorabilia and other collectible items.

• 21–22 November 2026

[Expo Łódź event calendar](#)

Dear Reaserchers!

In the autumn, we will send you a survey in separate communication. The survey will concern your stay in Poland and at the university. The results will help us to understand how services for international visitors and students should be designed, what aspects need improvement, and what changes should be introduced.

..... We would be very grateful
if you share your needs and problems with us!
See you in next newsletter!

